



# **Anterior Lumbar Interbody Fusion (ALIF)**

**OPERATIVE TECHNIQUE** 





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The surgical technique shown is for illustrative purposes only. The technique(s) actually employed in each case will always depend upon the medical judgment of the surgeon exercised before and during surgery as to the best mode of treatment for each patient. Please see Instructions for Use for the complete list of indications, warnings, precautions, and other important medical information.

#### **INTRODUCTION**

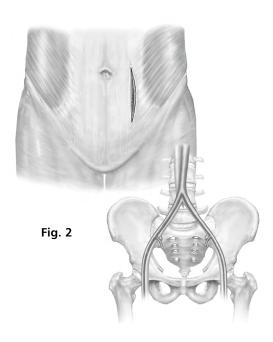
The availability of multiple sizes and angles of lordosis make the PILLAR AL PEEK Spacer System a versatile solution for varying patient anatomies. The chamfered leading edge makes for smooth insertion while surface teeth provide aggressive anti-migration benefits. Built-in anterior and anterolateral insertion points grant greater flexibility during implantation. Tantalum markers provide clear radiographic identification and the large central opening allows for increased fusion potential.

#### **PILLAR AL IMPLANTS**

- Available in three footprints
- Available in 0, 7, and 12 degree lordosis
- True to footprint trials available to ensure precision fit
- Varying implant heights in 2mm increments



Fig. 1



#### INTERVERTEBRAL BODY FUSION INDICATION

### 1. PREOPERATIVE PLANNING AND PATIENT POSITIONING

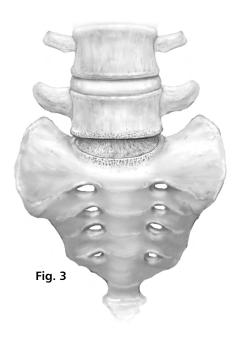
Preoperative planning is critical in the preparation for spinal surgery. A complete radiographic evaluation (A/P and lateral films) is recommended for proper diagnosis of the spinal anomaly prior to surgery.

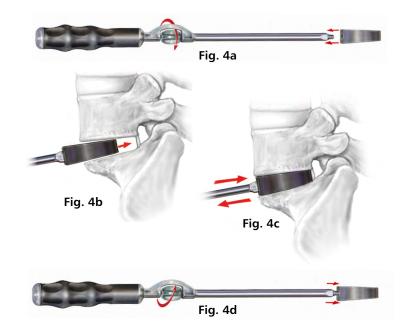
Carefully place the patient in the supine position on the operating table with all bony prominences padded and the lumbar spine in neutral to slight extension following induction of anesthesia. Once the patient is placed on the table, use lateral C-Arm fluoroscopy to visualize the lumbar spine (**Fig. 1**).

#### 2. EXPOSURE

### Sterilize the implants and instruments as described in the Instructions for Use.

The PILLAR AL PEEK Spacer System instrumentation is designed for use with a direct anterior retroperitoneal approach. Adequate visualization of the cephalad and caudal vertebra and disc space is critical. Width of the disc space exposure should be lateral enough for lateral visualization of the sympathetic chains (Fig. 2). Use standard radiographic techniques to identify the correct disc level.





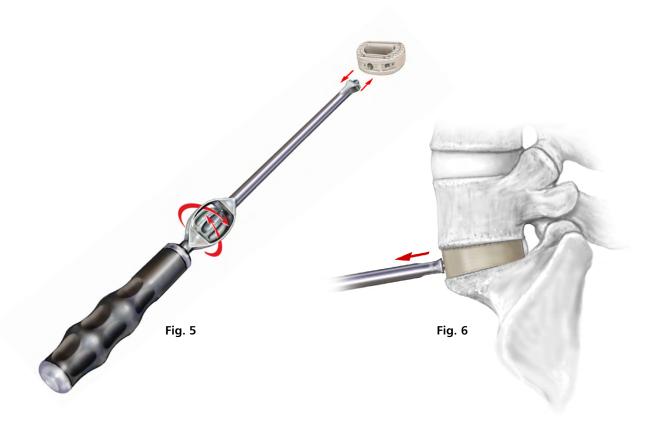
## 3. DISCECTOMY AND DISC SPACE PREPERATION

Perform a complete anterior lumbar discectomy and remove all residual intervertebral disc material (Fig. 3). In order to square off the end plates to make the PILLAR AL PEEK Spacer insertion more efficient, the surgeon may want to remove any osteophytes using an osteotome of their choice.

#### 4. TRIAL SIZING

The PILLAR AL Trials correspond to the PILLAR AL implant sizes available. Select the appropriate trial by size and lordotic angle, and attach it to the Trial Insertion Instrument. Turn the center knob clockwise until it stops to secure the Trial to the instrument (Fig. 4a). Insert sequential size trials into the prepared disc space until an appropriately tight fit is achieved and placement is confirmed with a radiograph (Fig. 4b).

When moving the instrument cephalad to caudal, there should be no toggling of the trial within the space with the appropriate size **(Fig. 4c)**. Disengage the Trial from the Trial Insertion Instrument by turning the center knob counter-clockwise **(Fig. 4d)**. Select the size for the PILLAR AL implant according to the appropriate trial size.



#### 5. IMPLANT INSERTION

Once the proper implant size has been determined, attach the implant to the inserter and tighten the thumb wheel clockwise (Fig. 5). Autograft or allogenic bone graft composed of cancellous or corticocancellous bone graft.may be placed in the window of the implant to help promote fusion. Insert the implant into the disc space. Disengage the implant from the inserter by turning the thumb wheel counter-clockwise. Under guidance of fluoroscopy, the orientation of the implant can be assessed. If repositioning is needed, use the implant tamp.

Secure with some form of supplemental internal fixation. (i.e., Orthofix SFS™ and Firebird™ System)

#### 6. IMPLANT REMOVAL AND REVISION

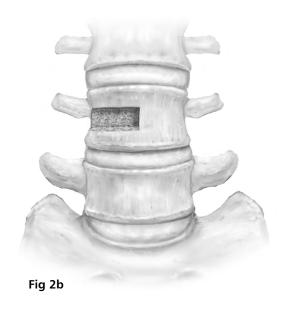
Caution should be exercised before deciding to reapproach the anterior lumbar spine as adhesions between and around the great vessels make the approach hazardous.

If removal of the implant is required, use the implant inserter to re-engage the implant and pull the implant out of the intervertebral space (Fig. 6). If necessary, distract the vertebrae inferior and superior to the implant for removal.

**NOTE:** Do not attempt to remove the construct unless it is completely exposed to avoid inadvertent injury to the great vessels.



Fig 1b



#### **PARTIAL VBR INDICATION**

### 1. PREOPERATIVE PLANNING AND PATIENT POSITIONING

Preoperative planning is critical in the preparation for spinal surgery. A complete radiographic evaluation (A/P and lateral films) measuring the vertebral body dimension is recommended for proper diagnosis prior to surgery.

Carefully place the patient in the supine position on the operating table with all bony prominences padded and the lumbar spine in neutral to slight extension following induction of anesthesia. Once the patient is placed on the table, use lateral C-Arm fluoroscopy to visualize the lumbar spine (Fig 1b).

### 2. PARTIAL VERTEBRAL BODY REMOVAL

The traumatized or diseased vertebral body is exposed through the appropriate anterior approach. The affected partial vertebral body and disc material is excised and both the superior and inferior surfaces are prepared (Fig 2b).



Fig 3b



#### 3. IMPLANT SIZING

Selection of the proper implant is essential. Attach the trial into the trial inserter and turn thumb wheel clockwise until tight **(Fig 3b)**. Place the trials, in sequential order, into the disc space to determine the proper implant size (height and footprint).

When moving the instrument cephalad to caudal, there should be no toggling of the trial within the space with the appropriate size. Disengage the Trial from the Trial Insertion Instrument by turning the center knob counter-clockwise. Select the size for the PILLAR AL implant according to the appropriate trial size.

#### 4. LOADING THE IMPLANT

Once the proper implant size has been determined, attach the implant to the inserter and tighten the thumb wheel clockwise **(Fig 4b)**. Autograft or allograft may be placed in the window of the implant to help promote fusion.



Fig 5b



Insert the implant into the affected space (Fig 5b). Under guidance of fluoroscopy, the orientation of the implant can be assessed. If repositioning is needed, use the implant tamp.

Secure with some form of supplemental internal fixation. (i.e., Orthofix SFS  $^{\text{\tiny TM}}$  and Firebird  $^{\text{\tiny TM}}$  System)

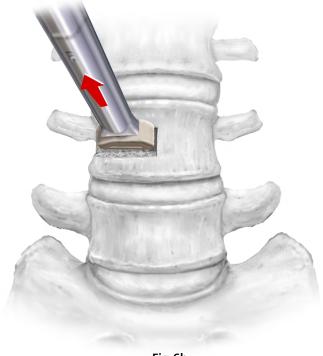


Fig 6b

#### 6. IMPLANT REMOVAL AND REVISION

If removal of the implant is required, use the implant inserter to re-engage the implant and pull the implant out of the affected space. **(Fig 6b)** If necessary, distract inferior and superior to the implant for removal.

						1ENT
48-0010	PILLAR AL	48-0020	PIL			
48-1004	PILLAR AL Trial Implant Case			48-1005	PIL	
48-1001	PILLAR AL Ir				32-2210	10
32-2050	Distractor/Tr	ial Hand	dle		32-2212	12
Implant	Trial				32-2214	14
48-2108	48-1208	AL	26mm x 20mm x 8mm	7º lordotic	32-2216	16
48-2110	48-1210	AL	26mm x 20mm x 10mm	7º lordotic	32-2218	18
48-2112	48-1212	AL	26mm x 20mm x 12mm	7º lordotic	32-2220	20
48-2114	48-1214	AL	26mm x 20mm x 14mm	7º lordotic	32-2222	22
48-2116	48-1216	AL	26mm x 20mm x 16mm	7º lordotic	32-2224	24
48-2118	48-1218	AL	26mm x 20mm x 18mm	7º lordotic	32-1060	AL
48-2120	48-1220	AL	26mm x 20mm x 20mm	7º lordotic	32-1061	Dis
lmmlant	Trial				32-1062	Dis
Implant				00 ( 11 1)	32-1063	Dis
48-3008	48-1408	AL	30mm x 24mm x 8mm	0º (parallel)	32-1064	Dis
48-3010	48-1410	AL	30mm x 24mm x 10mm	0º (parallel)	<u>52 1004</u>	Dis
48-3012	48-1412	AL	30mm x 24mm x 12mm	0º (parallel)	Other Instru	mont
48-3014	48-1414	AL	30mm x 24mm x 14mm	0º (parallel)		
48-3016	48-1416	AL	30mm x 24mm x 16mm	0º (parallel)	32-2050	Dis
48-3018	48-1418	AL	30mm x 24mm x 18mm	0º (parallel)	48-1002	PIL
Implant	Trial				48-1003	PIL
48-3110	48-1510	AL	30mm x 24mm x 10mm	7º lordotic		
48-3112	48-1512	AL	30mm x 24mm x 12mm	7º lordotic	32-0021	An
48-3114	48-1514	AL	30mm x 24mm x 14mm	7º lordotic	32-1091	An
48-3116	48-1516	AL	30mm x 24mm x 16mm	7º lordotic		
48-3118	48-1518	AL	30mm x 24mm x 18mm	7º lordotic	Top Tray	
48-3120	48-1520	AL	30mm x 24mm x 20mm	7º lordotic	32-1505	#(
48-3122	48-1522	AL	30mm x 24mm x 22mm	7º lordotic	32-1506	Co
Implant	Trial				46-1011	Rir
48-3212	48-1612	AL	30mm x 24mm x 12mm	12º lordotic	46-1012	#4
48-3214	48-1614	AL	30mm x 24mm x 14mm	12° lordotic	46-1013	#2
48-3216	48-1616	AL	30mm x 24mm x 16mm	12º lordotic	46-1100	10
48-3218	48-1618	AL	30mm x 24mm x 18mm	12º lordotic	46-1101	10
48-3220	48-1620	AL	30mm x 24mm x 20mm	12º lordotic		
48-3222	48-1622	AL	30mm x 24mm x 22mm	12º lordotic	Middle Tray	
48-3224	48-1624	AL	30mm x 24mm x 24mm	12º lordotic	32-1502	5m
40 4212	40 1012	٨١	34mm x 28mm x 12mm	120 lordatic	32-1503	7m
48-4212 48-4214	48-1912 48-1914	AL AL	34mm x 28mm x 14mm	12º lordotic 12º lordotic	32-1504	8m
			34mm x 28mm x 16mm			
48-4216 48-4218	48-1916 48-1918	AL AL	34mm x 28mm x 18mm	12º lordotic 12º lordotic	Base Tray	
48-4218 48-4220	48-1918	AL	34mm x 28mm x 20mm	12° lordotic	46-1401	Lar
	40-1320	ΛL	JHIIIII A ZUIIIIII A ZUIIIIII	12 1010000	70 1701	Lui
48-4222	48-1922	AL	34mm x 28mm x 22mm	12º lordotic	46-1501	Fer

INSTRUM	
18-0020	PILLAR AL Instrument Set
48-1005	PILLAR AL Instrument Case
32-2210	10mm ALIF Distractor Bullet
32-2212	12mm ALIF Distractor Bullet
32-2214	14mm ALIF Distractor Bullet
32-2216	16mm ALIF Distractor Bullet
32-2218	18mm ALIF Distractor Bullet
32-2220	20mm ALIF Distractor Bullet
32-2222	22mm ALIF Distractor Bullet
32-2224	24mm ALIF Distractor Bullet
32-1060	ALIF Distractor
32-1061	Distractor Blade Right No Offset
32-1062	Distractor Blade Left No Offset
	District atom District
32-1063	Distractor Blade Right
	Distractor Blade Left
32-1064	Distractor Blade Left
32-1064 Other Instru	Distractor Blade Left
32-1064 Other Instru 32-2050	Distractor Blade Left
32-1064 Other Instru 32-2050 48-1002	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly
32-1063 32-1064 Other Instru 32-2050 48-1002 48-1003	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp
32-1064 Other Instru 32-2050 48-1002 48-1003	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp
32-1064 Other Instru 32-2050 48-1002	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer
32-1064 Other Instru 32-2050 48-1002 48-1003 32-0021	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer  Anterior Lumbar Discectomy Set
32-1064 Other Instru 32-2050 48-1002 48-1003 32-0021	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer  Anterior Lumbar Discectomy Set
32-1064 Other Instru 32-2050 48-1002 48-1003 32-0021 32-1091	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer  Anterior Lumbar Discectomy Set
32-1064  Other Instru 32-2050 48-1002 48-1003  32-0021 32-1091  Top Tray	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer  Anterior Lumbar Discectomy Set  Anterior Lumbar Discectomy Case
32-1064  Other Instru 32-2050 48-1002 48-1003  32-0021 32-1091  Top Tray 32-1505	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer  Anterior Lumbar Discectomy Set  Anterior Lumbar Discectomy Case  #0 Curette Straight
32-1064  Other Instru 32-2050 48-1002 48-1003  32-0021 32-1091  Top Tray 32-1505 32-1506	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer  Anterior Lumbar Discectomy Set  Anterior Lumbar Discectomy Case  #0 Curette Straight  Cobb Elevator, 19mm
32-1064  Other Instru 32-2050 48-1002 48-1003  32-0021 32-1091  Top Tray 32-1505 32-1506 46-1011	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer  Anterior Lumbar Discectomy Set  Anterior Lumbar Discectomy Case  #0 Curette Straight  Cobb Elevator, 19mm  Ring Curette
32-1064  Other Instru 32-2050 48-1002 48-1003  32-0021 32-1091  Top Tray 32-1505 32-1506 46-1011 46-1012	Distractor Blade Left  Iments  Distractor/Trial Handle Assembly  PILLAR AL Tamp  PILLAR AL Bone Packer  Anterior Lumbar Discectomy Set  Anterior Lumbar Discectomy Case  #0 Curette Straight  Cobb Elevator, 19mm  Ring Curette  #4 Curette Straight

32-1502	5mm Kerrison Rongeur
32-1503	7mm Kerrison Rongeur
32-1504	8mm Rongeur

46-1401	Large Sypert Rongeur	
46-1501	Ferris Smith Rongeur	

Notes	

Please visit Orthofix.com/IFU for full information on indications for use, contraindications, warnings, precautions, adverse reactions and sterilization.

Caution: Federal law (USA) restricts this device to sale by or on the order of a physician. Proper surgical procedure is the responsibility of the medical professional. Operative techniques are furnished as an informative guideline. Each surgeon must evaluate the appropriateness of a technique based on his or her personal medical credentials and experience.



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